

BROTHERHOOD

Issue 1, 2019



Cover Story
Elton Ng Chun Ting
2018 Ten Outstanding
Young Persons
Selection Awardee



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NOT FOR SALE

Message from the President

Dear Readers of Brotherhood,

“To provide development opportunities that empower young people to create positive change.” This sentence should be familiar to all JCI members across the globe as it is the mission of JCI. With change comes opportunities, no wonder why JCI has trained many different young people who have eventually held key positions in the society. Of course, it is easy to recite the sentence itself; however, have we thought about the true meaning of the sentence?

In order to allow our members to create positive change, one of the chapter’s focus will be on membership skills development. The future of talent, we target to have a series of workshops to provide our members with the necessary knowledge and skills, so that they are equipped to be better leaders, not only within the chapter, but also to the outside world.

As a young active citizen, it is our responsibility and passion to create positive changes to our community and society. The future of serving, we will continue to organise different projects, not only to address some of the sustainable development goals, but also to address some of the social needs and problems in the society.

As someone who lives in one of the big cities in the world, most of us are fortunate enough to have a full-time job, and to earn a living that can fulfill our daily needs and desires. The future of work, we target to organise business network gatherings, and to have cultural exchange with people from different countries.

Being the third oldest chapter in Hong Kong, JCI Island was founded in 1966. Although we have over 50 years of history, achieving our mission will not be an easy task, as resources may be relatively limited from a local chapter. Notwithstanding, I believe that devotion, patience and passion will help us overcome many obstacles.

The slogan for 2019 is “Create a Better Future”, which means we will learn and grow together so that we will be equipped to create change in the future.

Let us Create a Better Future together.

Benjamin LEE

Benjamin Lee
2019 President
JCI Island



Message from the National President



Dear Readers of Brotherhood,

"We believe that the brotherhood of man transcends the sovereignty of nations." Since 1915, Junior Chamber International has acted as the global youth leaders' network and provided development opportunities to young active citizens. This mission has widely spread to more than 150 countries in the world. Despite different skin colours, languages and backgrounds, we should all join hands for the betterment of our future.

It is my great honour to address you in the first issue of "Brotherhood" in 2019. Since 1966, JCI Island has launched many quality projects in Hong Kong and is a pioneer on different social and environmental issues, such as, caring the children who are born with the innate ability through the Shell/Island JC Scholarship Award, and concerning the extinction of shark through the "No Shark Fin" initiative. Moreover, the lately initiated idea of "Final Straw" has widely been adopted in Hong Kong and proven as one of the successful projects in 2018.

In the coming year, I encourage you to continue the good work and create a better future for our next generation.

Let us Keep Changing the World Together.

Best regards

Zenith Lin

Zenith Lin
2019 National President
JCI Hong Kong

Message from the National Assigned Executive Officer

Dear Readers of Brotherhood,

The name of this publication, Brotherhood, is a very meaningful and beautiful word. It brings out the unity of different people from different background and professions to engage in the same business. JCI Island is a chapter which reinforces strong bondings among members and aligns with the JCI value: “to empower young people to create positive change”.

In 1966, this strong Brotherhood chapter was established and has since started to serve the community. JCI Island organises many flagship projects which unite its members to create a better world for our community. This year, JCI Island would like to take a great challenge: to be the organising chapter of the 54th National Convention in 2019. I believe that JCI Island will not only show its strong brother bonding, but also create an exciting learning platform for his members to serve the whole JCI Hong Kong, including 21 chapters and over 2000 members, in the Disneyland Park for two days.

Mother Teresa once said, “I alone cannot change the world, but I can cast a stone across the waters to create many ripples.” JCI Island is a chapter that allows us to keep on changing the world and ourselves. In 2019, I strongly believe President Benjamin and his dedicated board members will continue to build on its impressive legacy, empowering more active citizens to have more positive changes, and together we can create a better world!

I look forward with great anticipation to the accomplishments of all our brothers in the coming year. Let’s create a better future!

Yours in Jayceeism,

Kelly NGAN

Kelly Ngan
2019 National Assigned Executive Officer
JCI Hong Kong



Message from the Chief Editor



Dear Readers of the Brotherhood,

“You don't climb mountains without a team, you don't climb mountains without being fit, you don't climb mountains without being prepared and you don't climb mountains without balancing the risks and rewards. And you never climb a mountain on accident - it has to be intentional.”

— Mark Udall, an American politician serving as a United States Senator from Colorado from 2009 to 2015.

Throughout human's history, climbing to the Mount Everest has been considered as one of the most dangerous activities to explore the unknown on the earth. With the first successful expedition of the summit of the Mount Everest in 1953, countless mountaineers are devoted to a new challenging achievement - The Seven Summits - the seven highest mountains in each continent in the world.

In this issue of Brotherhood, we have interviewed Elton Ng Chun Ting, who has been successfully elected as one of the awardees of the “Ten Outstanding Young Persons Selection” in 2018. Elton reached the summit of the Mount Everest in 2017, and became the second and the youngest person in Hong Kong to achieve the seven-summit challenge in 2018. Elton will share his life goals he would like to achieve next.

I am glad to have taken up the task as the Chief Editor of the first issue of Brotherhood in 2019. Hope that all of you will enjoy reading it.

Paul Lo

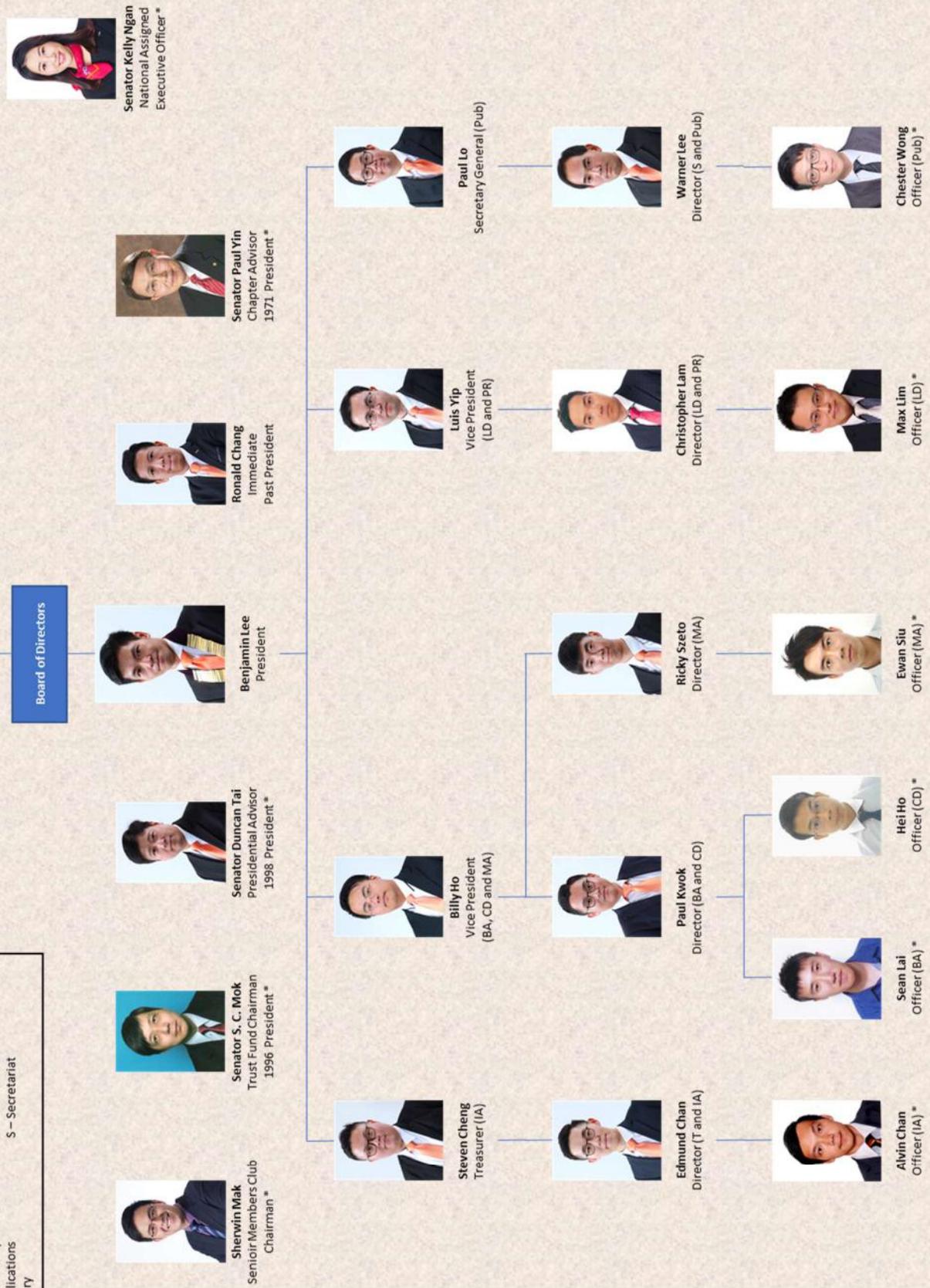
Editor-in-Chief
2019 Secretary General
JCI Island

Organisational Structure in 2019

Legend:
 BA – Business Affairs
 IA – International Affairs
 MA – Membership Affairs
 Pub – Publications
 T – Treasury
 CD – Community Development
 LD – Leadership Development
 PR – Public Relations
 S – Secretariat

General Assembly
Board of Directors

* No Voting Rights



Cover Story – Conversation with Elton Ng Chun Ting

Background

Elton Ng Chun Ting is a physiotherapist specialising in sports physiotherapy. He is also active in mountain climbing, orienteering and trail races. In 2017, he has become the seventh person from Hong Kong to have reached the summit of Mount Everest. Furthermore, he has been one of the awardees of the “Ten Outstanding Young Persons Selection” in 2018.



JCI Island President Benjamin Lee interviewed Elton Ng Chun Ting, one of the awardees of the “Ten Outstanding Young Persons Selection” in 2018.

Conversation

Q: You work as a physiotherapist, seems that it is quite unrelated to mountain climbing. What could have built your interest in climbing mountains?

A: I was not grown up in a rich family, and my life was quite simple during my childhood. I tried to look for some activities for entertainment to enrich my daily life. I have developed an interest in photography, which has driven me to different trails and hills. I remember the first hill that I climbed

was next to where I live. At the top of the hill, the whole Yuen Long plain can be seen. It makes me feel like the nature is full of attraction to me. That is how I started mountain climbing.

Q: As an experienced mountaineer, do you remember how many mountains outside of Hong Kong you have climbed? And do you remember the name of the first mountain that you have climbed?

I have been to different countries just for mountain climbing. For

mountains that are over 2,500 m, I think I have climbed around 40 to 50 in total. I remember Mount Fuji was the first mountain outside of Hong Kong with a height over 2,500 m that I have climbed. Although Mount Fuji is quite famous across the world, reaching the top was not an easy task. I started to suffer from altitude sickness after reaching 3,000 m. Even though it was difficult for me at that time, I managed to reach the top, that was when I started to set higher goals for myself.

Q: We all know that you have successfully reached the summit of Mount Everest, can you share when you have started to have this goal?

A: Actually, I started to have this goal when I was very young. At that time, I only considered this as a dream as it requires years of preparation, costs a lot and the climbing itself is quite dangerous. It was a dream that was far from reaching and unrealistic. However, after the establishment of my career and the accumulation of more climbing experience, the dream started to become more realistic. I think the exact time that the dream became a realistic goal was around five to six years ago after I have successfully reached the top of mountains with heights of over 5,000 m.

Q: We all know that preparation is never an easy task, especially when you said it has taken you years for the preparation. Can you share a bit more about how you have prepared in climbing Mount Everest?

A: It is hard to predict how your body will react when reaching different heights, because a person's body reacts differently every 500 m, and your training needs to be adapted accordingly. It is like scuba diving, in which it is totally a different world every time you go 10 m deeper. So, the first important thing is to train for the physical fitness. Secondly, it goes to climbing skills.



Elton has faced a lot of difficulties during mountain climbing.

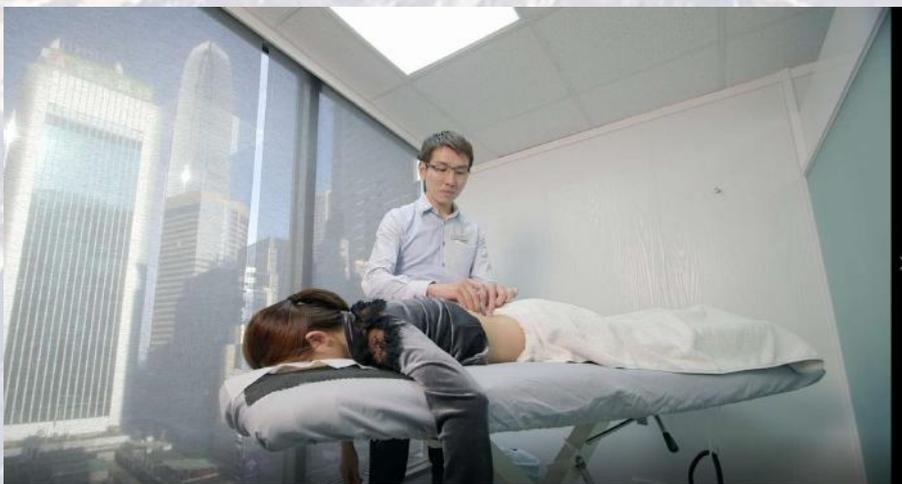
No matter how much planning has been done prior to the climbing there will be times when you may face danger. Therefore, it is important to be well trained on how to use the mountain climbing equipments, as well as some special climbing techniques like snow and ice climbing. Furthermore, there are some other arrangements that are necessary. For example, enough money should be saved to fund the entire trip. Also, since the entire trip is expected to last for around two months, all work-related arrangements need to be settled before the trip.

Q: Although a lot of preparation work has been done before climbing Mount Everest, there must be many situations that are unexpected while climbing. As a climber, what kind of situations do you think is the most undesirable for climbers?

A: As with many other sports, weather is always a critical factor. For mountain climbing, it is highly depended on the season. Adverse weather will be unsuitable to attempt reaching the mountain summit. This implies longer waiting at the base camp. With longer waiting, the best time or season to attempt reaching the mountain summit may be passed easily. In addition, a person's fitness will tend to deteriorate gradually with longer waiting in cold weather.

Q: What has been the most dangerous moment that you have faced while climbing Mount Everest?

A: When I was close to the mountain summit, there was a moment that I have taken off my goggles. As the wind chill has caused the temperature to drop to below -50°C , my eyes probably have a short period of time with insufficient blood circulation. I have been temporarily blind the moment when I reached the summit of Mount Everest. With such condition, I could have lost my life easily. I am glad that I am still alive and talking to you. To become blind when at a harsh condition like that, I would describe that moment to be the most dangerous throughout my whole journey.



Elton works as a physiotherapist.

Q: Can you describe how you feel and what happened when you become blind at the summit of Mount Everest?

A: I have faced many difficult situations throughout my experience as a mountaineer, for example, my equipments were broken, problems occur with the oxygen gas, etc. When I became blind at that time, what I thought was that I have to do whatever I can to keep myself alive and to get back to the base camp as soon as possible. I have not delayed a second, I have not slept and eaten anything during that period. At the end, it took me over ten hours to get back to the base camp.

Q: Apart from the dangerous moments that you have faced during climbing, are there any other moments that was “touching” to you?

A: The whole journey lasted for around two months. During the climb, there was plenty of time for me to think. Many screenshots and episodes from my past have flashed into my mind. It allowed me time to think about my past, and all the people that I may have interacted with. It allowed me time to think about the people that I may have offended in the past. It also allowed me time to start thinking about the purpose of life and to reorganise my priorities. I would consider this as the most “touching” moments throughout the whole journey.

Q: Everything in the world is always two-sided. When you have gained something, you may also have lost something else. During this trip, what do you think you have gained, and what you may have lost?

A: Let me share about what I have lost first. In short, time and money. When people have saved money, they may spend the money and time travelling around the world. Moreover, others may save



Elton has started mountain climbing when he was young.

the money in material satisfaction like buying a house or car. However, instead of doing these, I have chosen to follow my dreams of reaching the top of the world. On the other hand, about what I have gained, I have gained the satisfaction on having an achievement and following my dream. Also, I have gained an invaluable experience that may only happen once in a lifetime.

Q: I know that you are quite busy with work. Apart from spending most of your time at work, you also need to spend time in preparing for climbing the Mount Everest. Are there any similarities between your work and climbing? How are they inter-related?

A: I am glad that I work in a health-related field. Although most do not aware, mountain climbing involves a lot of medical knowledge on top of having good health and fitness. For example, knowing how to handle conditions like altitude sickness and some first aid techniques are imperative during mountain climbing as these techniques may help to handle some difficult and complicated situations. In addition, time management is also important. As a physiotherapist, I have to work 12 hours a day, which means that I really need to develop good time management skills in order to cope with the busy schedule at work and to take up training at the same time.



Elton has conducted different seminars about his work as well as shared his experience in mountain climbing.

Q: We all know that you have been successfully selected as one of the awardee of the “Ten Outstanding Young Persons Selection”. You must have placed a lot of time in community-related service. Could you please share some of your community service-related work?

A: Before I have my own clinic, I worked in a hospital, where I have had many chances to contact with many health-related organisations where most of my voluntary work would be to assist patients to exercise, and to provide them with seminars. As time goes by, I started to accompany patients to participate in different sports competitions as well. To participate in competitions after recovery is quite encouraging to other people especially to patients. And I felt that their story is very inspiring. As a result, part of my volunteer work recently is on video-taping, in order to share patients’ stories to the public. I hope that their stories during recovery can inspire the general public.

Q: You have already fulfilled your dream of climbing Mount Everest,

you have been one of the awardees of the “Ten Outstanding Young Persons Selection” and you have a pretty stable career, what would be your next goal?

A: I think I will continue mountain climbing even though I have already reached the highest point in the world. As mountain climbing has been my interest for many years, apart from climbing myself, I hope that I can inspire other people about my interest, so that more people will like this sport. On the other hand, through mountain climbing, working with other health-related organisations, and participation in the TOYP related activities. As I have had many chances to interact with many successful people in this society before, when comparing them with myself, I found that I may possess many weaknesses that there is plenty of room for improvement. I think it is now a good time for me to re-prioritise myself so that I can improve as much as possible.

Q: Could you share a more concrete plan on what you are going to do in 2019?

A: In the past, I have been involved

in many educational activities that are related to health issues. What I would like to do in 2019 is that I want to have my concept of rehabilitation to be better promoted to the public. The concept is “physio can do, you can do.” I hope to build a platform with other people who shared the same vision as I do, so that apart from me, they can be someone to help spread the concept of rehabilitation and healthy lifestyle to the public.

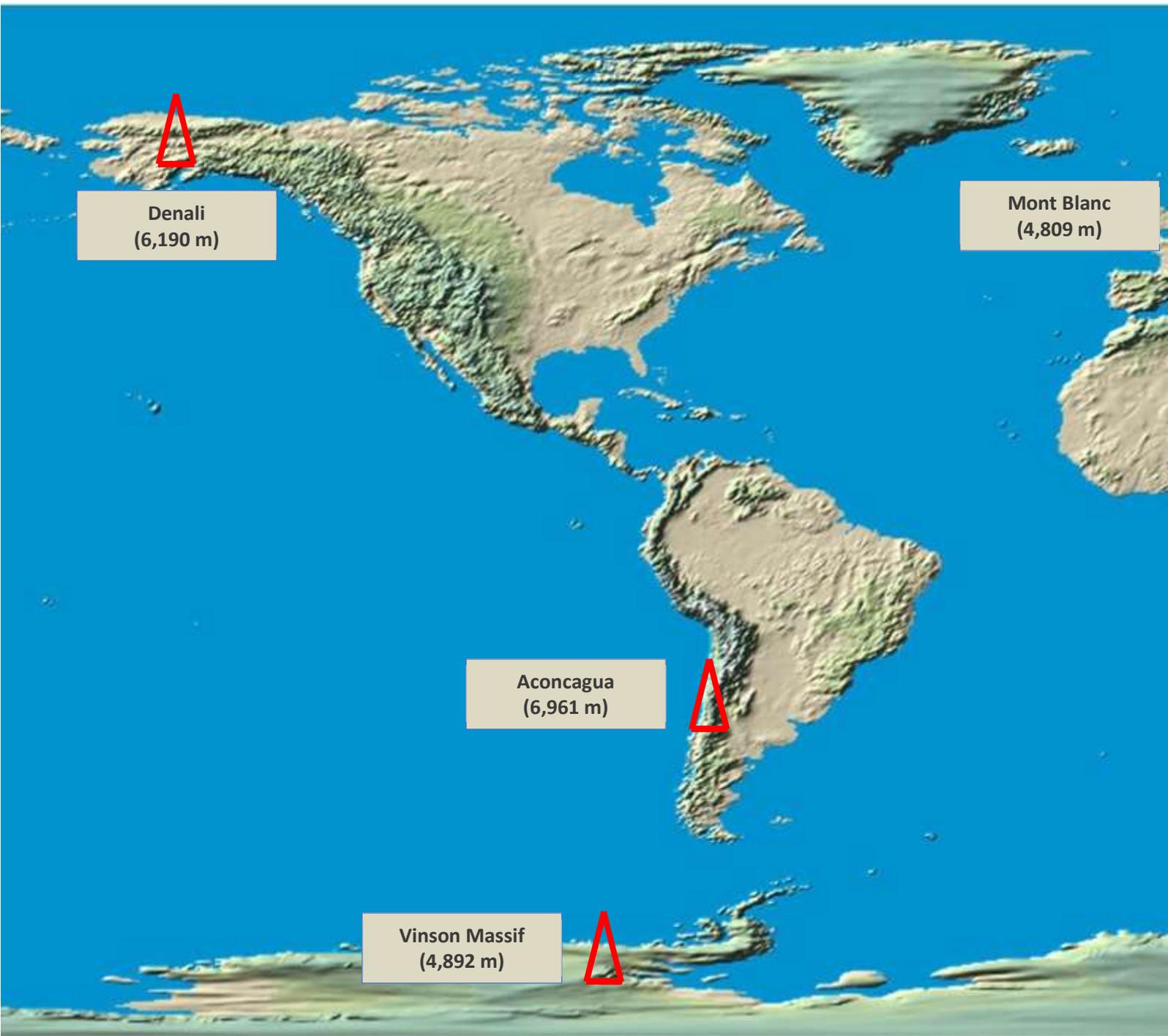
Q: As a final word, do you have some words to encourage the young people?

A: I found that the young people nowadays are getting more well rounded as they have access to more information when compared to the last generation. However, the reality is that competition is getting more fierce as well. Notwithstanding, what is important is to focus on learning the basics, and keep seeking for suggestions and advices from people who are more experienced. Of course, be humble and willing to help other people. I am sure opportunities will come sooner or later, and you will find your life meaningful and fruitful.



Elton has been one of the awardees of the “Ten Outstanding Young Persons Selection” in 2018.

The Seven Summits – The Classic Challenge for Mountaineers



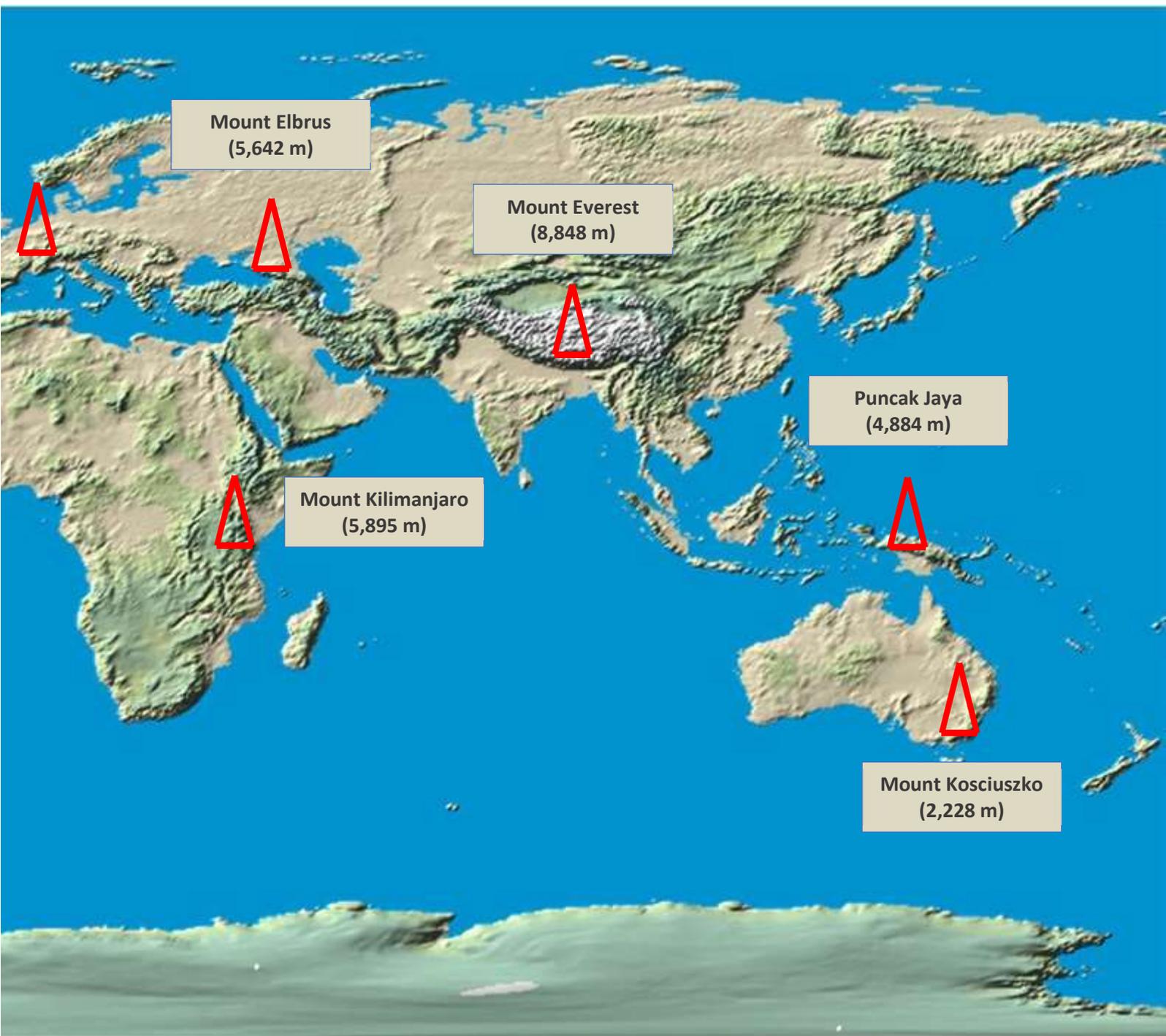
World Map showing the tallest mountains in each continent.



An amazing challenge – The first successful ascent by Hillary and Tenzing

In the early history of mountaineering, adventurers are aspired to exploring the unknown on the Earth. Since the 19th century, western climbers have attempted to reach the peaks located on each of the seven continents. On 29 May 1953, Sir Edmund Percival Hillary and Nepalese Sherpa mountaineer Tenzing Norgay became the first climbers confirmed to have reached the highest point of Mount Everest (8,848m) – the highest peak on the Earth.

Despite poor weather conditions, complete exhaustion and even the threat of death, mountaineers from all over the world are dedicated to pursuing their greatest potentials by undertaking tougher challenges.



A tougher challenge – The first conquest of Seven Summits Challenge by Richard

Richard Daniel Dick Bass was an American businessman and mountaineer. He pursued the adventure challenge of climbing the highest peak of each continent, and became the first person to achieve the “Seven Summits Challenge” on 30 April 1985. The Seven Summits, from highest to lowest, are Mount Everest, Aconcagua, Denali, Mount Kilimanjaro, Mount Elbrus, Vinson Massif and Mount Kosciuszko, according to the Bass List. However, there are still disputes and controversies over the definition of the Seven Summits.

With the successful accomplishment of “Seven Summits Challenge”, commercial mountaineering has become more and more popular in the world.

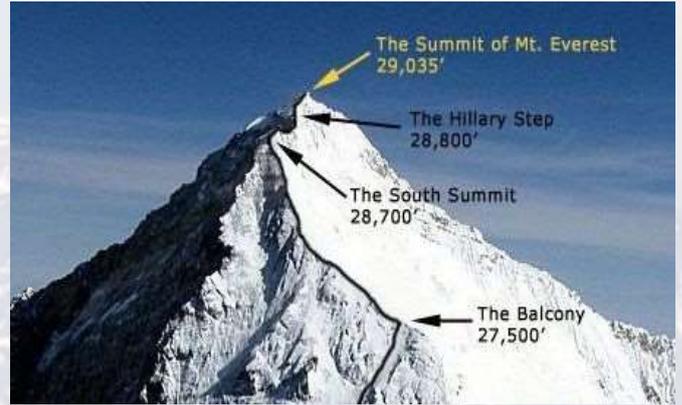


Interesting Facts about Mountains

Q What is the Hillary Step?

A: The Hillary Step was a 12-metre-tall rocky outcrop on the south-east ridge of the Mount Everest, the Earth's tallest mountain in the world. The nearly vertical outcrop is named after Sir Edmund Percival Hillary who was the first to scale Everest in 1953. The Step was considered one of the trickiest parts of climbing the world's highest peak.

In these years, there have been rumours that Hillary Step has really collapsed due to an earthquake in Nepal during the year 2015.



Mount Everest and the Hilary Step.

Q When did China reach the summit of the Mount Everest?

A: On 25 May 1960, Wang Fuzhou, Gonpo and Qu Yinhua of China made the first reported ascent of the peak from the North Ridge. Reaching the summit of the Mount Everest was considered as a national task for the upcoming China-Nepal border negotiations, as the status of Mount Everest was still disputed at that time.



It has been almost 60 years ago when the Chinese first reached the summit of Mount Everest.

Q Why could the nine peaks be defined as the "Seven Summits"?

A: There are different definitions of the "Seven Summits". In general, Mount Everest, Aconcagua, Denali, Mount Kilimanjaro, Vinson Massif are not disputable.

Dispute #1 – Mount Elbrus versus Mount Blanc

Mount Elbrus in the Caucasus is generally accepted as the highest mountain in Europe. However, its inclusion in Europe is disputed because it is located in the boundary between Asia and Europe.

In this connection, some people may treat Mont Blanc as the highest mountain in Europe.

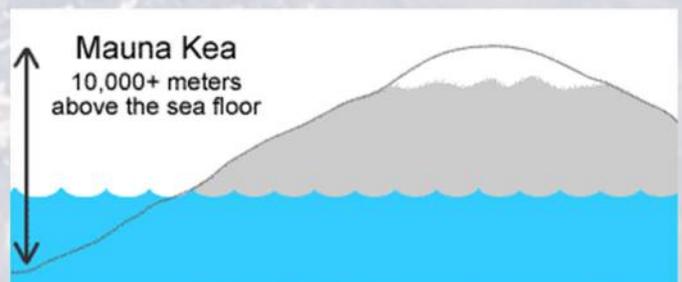
Dispute #2 – Puncak Jaya versus Mount Kosciuszko

The highest mountain in Australia is Mount Kosciuszko. However, if New Guinea is part of Australia, the highest peak should be Puncak Jaya instead.



Q Under what circumstance is Mauna Kea on the Island of Hawaii defined as the tallest mountain in the world?

A: Mauna Kea is currently 4,207 m above sea level. However, most of the mountain is under water. If measured from the ocean base, the mountain is 10,023 m tall, making it the tallest mountain in the world.



Mauna Kea is 10,023 tall when measured from the ocean base.

Leadership Traits Workshop Series 1

A leader is normally the leading person of a group, an organisation, or even a country. A leader must have some leadership traits in order to lead his or her followers effectively.

There are different leadership styles, with the most common ones to be Dictatorship or Democratic. Each leadership style has its pros and cons. Nowadays, democratic leadership is getting more popular. For example, student unions in universities and colleges commonly make decisions and choose their leaders by election.

To be a good leader, he or she should have some good leadership traits. Therefore, focusing on some traits, JCI Island will hold a series of leadership development workshops to train JCI members and establish their leadership traits. The topic of the first workshop will be *Leadership Traits Workshop series 1: "How to present yourself to impress people in a minute"*, which will be held on 29 January 2019 at 20:00.

Refer to the topic, charisma is one of the most important part shown by personal image to impress people. In order to understand charisma and to enhance it, JCI Island is honoured to invite Christine Zhou as an image consultant to be the guest speaker of the workshop. Christine holds a master's degree in Strategic Quality Management from the United Kingdom, she was a former member of the British Chartered Quality Institute. She currently works as an image consultant, and has done many workshops for different corporate top management and CEOs, as well as help building a good personal image to enhance their charisma. Some of her clients are AIA Group Limited, BNP Paribas, AECOM, etc.

To create a better future, we should create a better ourselves and be good leaders. We hope that after learning different leadership skills through the workshops, not only can attendees apply it to the project within JCI, but also to their work and career. We hope to lead the youngsters and society to create a better future eventually.

JCI Island

同心展關懷
caring organisation
PROVIDING AN UPGRADE TO YOUR LEADERSHIP SKILLS

Leadership Traits series part 1:
**HOW TO PRESENT YOURSELF
TO IMPRESS PEOPLE**
29 Jan 2019

Speaker:
CHRISTINE ZHOU

CHRISTINE ZHOU
Professional Image Consultant



Christine Zhou has been a guest speaker for different companies and corporations..

Shell/Island Scholarship for the Disabled



The Award Ceremony for the Shell/Island Scholarship for the Disabled has been held at APM, Kwun Tong on 27 October 2018.

As proclaimed by the United Nations, 1981 was named as the “International Year of Disabled Persons [IYDP]”, in which it calls for action to promote equalisation of opportunities, rehabilitation and prevention of disabilities. This marks the birth of “Shell/Island Scholarship for the Disabled”. The purpose of the event is to give recognition and encouragement to students who possess Special Education Needs (SEN), as they may require extra effort to overcome difficulties induced by their disabilities, so that they will have a chance to become outstanding despite possessing such barrier. On top of this, another purpose is to promote a sense of inclusion for these students in the society. The event has been organised for 37 years, and has gained popularity among different schools in Hong Kong. The event was co-organised by JCI Island, Shell Hong Kong Limited, the Hong Kong Special School Council, the Education Bureau and the Social Welfare Department.

The event is in the form of presenting awards to the SEN students upon achieving certain criteria. Each year, students are nominated by different schools for the consideration of the award. The awards are divided into different categories, and each category considers different criteria like good academic results and conduct, improvement in academic results, participation in extra-curricular activities, involvement in community service, etc. The value of the awards ranges from \$3,000 to \$5,000, and nominations were



Awards with different judging criteria were presented to students.



Students were presented with the award in a ceremony that is opened to the public.

judged by representatives from the above-mentioned organisations.

The award ceremony was held on 27 October 2018 at the atrium of APM, Kwun Tong to recognise the winners for their hard works. The event was open to the public. Chung Lai Kei, Margaret has been invited to be the ambassador to share her feelings and experience in taking care of her daughter who has genetic sickness that affected her learning ability.

Although the event has been organised for 37 years, the theme is not the same every year. In 2018, sports have been set as the theme for the year, and a one-day event “Harmonious Fitness Day” has also been organised on 3 July 2018 in addition to the award ceremony. The purpose of the event was to build up confidence of selected students through sports interaction with teachers, parents and volunteers.

Being recognised is important as it helps to boost a person’s confidence and self-esteem. Although students in this event may possess learning barriers when compared to other students, they are equally deserved in being recognised and encouraged for their hard work. This can also be a motivator for them to develop their potentials. It all started with the concept “equality”. Although the concept of equality is applied to SEN students in this event, this should not be the limitation, and the concept should be applied to everyone else in this world. In fact, inequality is not uncommon in the real world. During our everyday work, we may interact with people who may possess different skin colours, come from different backgrounds, and speak with different languages and accents. It is easy for us, humans, to judge others based on our perception on the differences others may possess. Nevertheless, we should treat everyone in this world equally, and accept any differences if any. As people commonly say, “Do to others as you would



Chung Lai Kei, Margaret has been invited as the speaker during the award ceremony.



The award ceremony was opened to the public.

have them do to you.” We should treat other people the same way as how we desire other people to treat us. The idea of equality should be extended to all people around us.

Everyone wants to be treated equally and with respect, may we all act together to promote the idea of “equality”, so that the world will be of better harmony.



A “Harmonious Fitness Day” has been organised on 3 July to allow sports interaction between students with teachers, parents and volunteers.



O! Love Tour

In view of the ever-growing community issues of elderly people living alone, JCI Island has organised the O! Love Tour since 2014. This year will be the sixth year in organising this programme.

The programme aims to (1) increase the awareness on the singleton elderly issues in our community; (2) to fulfil the dream of the “ever” flying experience for those singleton elderly; (3) build up the relationship with different generations in the society; (4) create sustainable care and love attitude for all participants and their family members; and (5) to promote intra-generation harmony in the community.

The programme is in the form of tea gatherings as well as an overnight trip to Taipei for selected elderly people and university students in Hong Kong. Each selected elderly is paired up with a university student during the trip.



The happy faces during the project

O! Love Tour 2014.



O! Love Tour 2015.



O! Love Tour 2016.



O! Love Tour 2017.



O! Love Tour 2018

Walking into the Greater Bay Area



A company director conducted a seminar on the economic trend in the Greater Bay Area.

In recent years, the Chinese Government has planned the Greater Bay Area project which provides great opportunities for those who plan to start business in the mainland in the future. However, to those who do not have any operation experience in the mainland may find it hard to take the first step because of the differences of business culture and environment between the Mainland and Hong Kong. With more opportunities and time to stay in the mainland, it is always a good idea to open a bank account there. However, the days of walking into any bank with nothing but only your passport to open your bank account is long gone, and it is getting more difficult to open bank accounts in the mainland.

On 28 October 2018, a one-day Greater Bay Area study trip has been organised. The purpose of the trip, apart from helping participants to open bank accounts and experience online payment systems, was to exchange ideas with entrepreneurs in Shenzhen in order to understand the market trend and business environment in Greater Bay Area.



A company director provided a tour around the company.

Guangzhou-Shenzhen-Hong Kong High Speed Rail (Hong Kong Section)

Since its service commencement in September 2018, the High Speed Rail (Hong Kong Section), together with the West Kowloon Station located in Kowloon has been serving countless Hong Kong residents as well as travellers across different countries. In this issue of Brotherhood, let us have some insight of how the High Speed Rail have affected Hong Kong as one of the busiest transportation hubs in the world.



Route map of the High-Speed Rail (Hong Kong Section).

The 26-km High Speed Rail (Hong Kong Section) runs from West Kowloon and connects Hong Kong with the Mainland's 25,000 km national High Speed Rail network. Whether it is for business or leisure, one can explore more destinations with the reliable and comfortable High Speed Rail service. The High Speed Rail gives the following features.

Speedy	Running at 200 km/h in the Hong Kong Section and up to 350 km/h in the Mainland Section, the High Speed Rail is the fastest cross-boundary land transport in Hong Kong.
Direct	Connecting Hong Kong with 44 Mainland stations without interchange.
Reliable	Punctual and less affected by traffic conditions.
Caring	A wide range of station and shopping facilities at Hong Kong West Kowloon Station plus different classes of travel and on-board facilities to offer you a hassle-free journey.

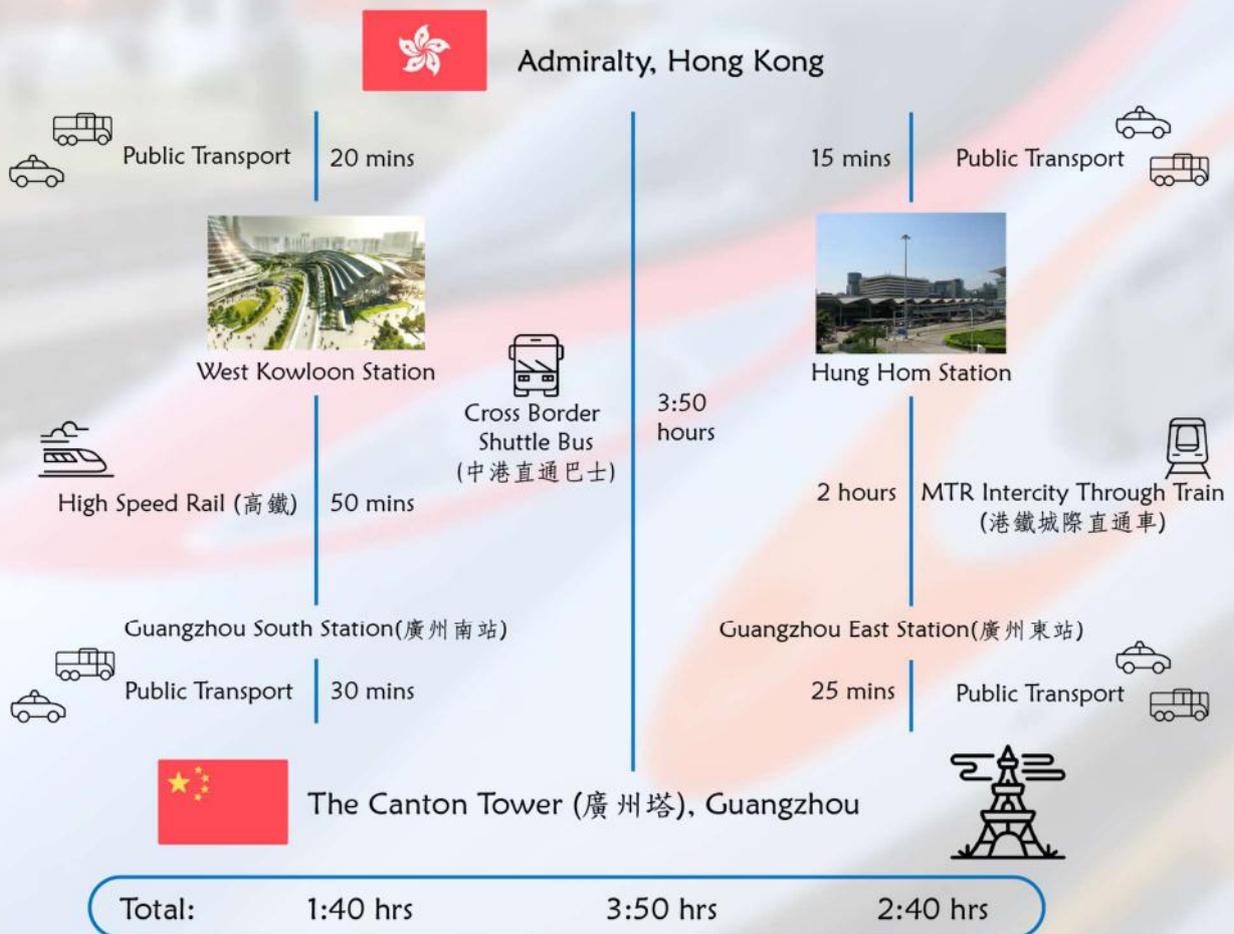
The 26-km Express Rail Link (XRL) is vitally important to Hong Kong. It will link Hong Kong with major Mainland cities with significantly reduced travelling times. The project will reinforce Hong Kong as the southern gateway of the Mainland. It will play an unparalleled role in fostering closer social and economic ties between Hong Kong and the Mainland, injecting momentum and creating new opportunities for future development in the medium and long term.

The High Speed Rail shortens the amount of travel time when compared to most of the traditional transportation, in the following section, we will compare different transportation methods with the newly commenced High Speed Rail, let's see how the High Speed Rail perform when comparing to the traditional transportation that are available to the public.



Hong Kong West Kowloon Station.

I. Hong Kong to Guangzhou



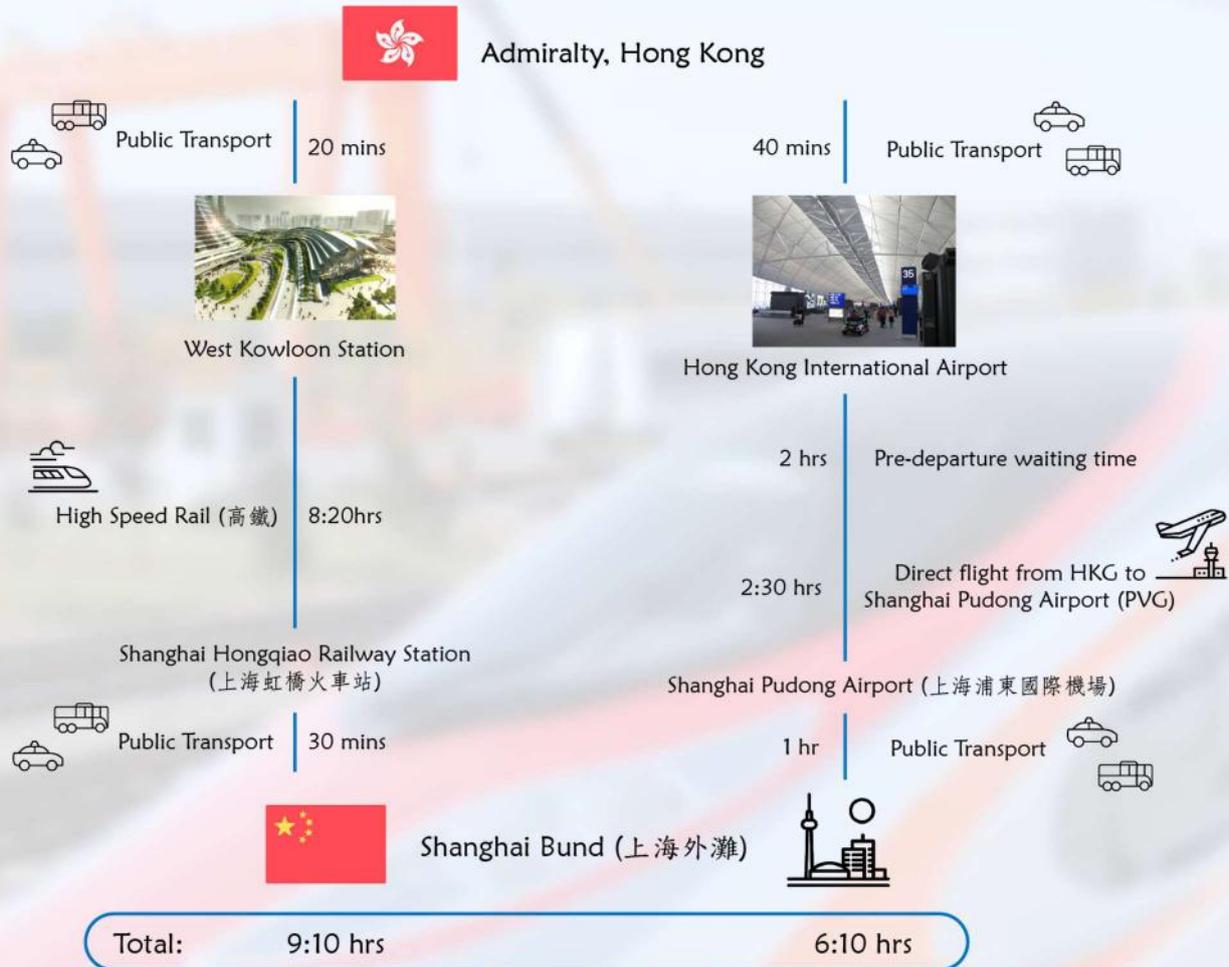
Time comparison of different transportation methods from Hong Kong to Guangzhou.

From the above figure, the time saving advantage could be easily identified. Comparing the High Speed Rail, Cross Border Shuttle Bus and MTR Intercity through Train from Hong Kong to Guangzhou, the time needed is the longest for the Cross Border Shuttle Bus, which takes approximately 3 hours and 50 minutes. The time needed can be shortened to an hour and 40 minutes for taking the High Speed Rail.



The outside of the High Speed Rail.

II. Hong Kong to Shanghai



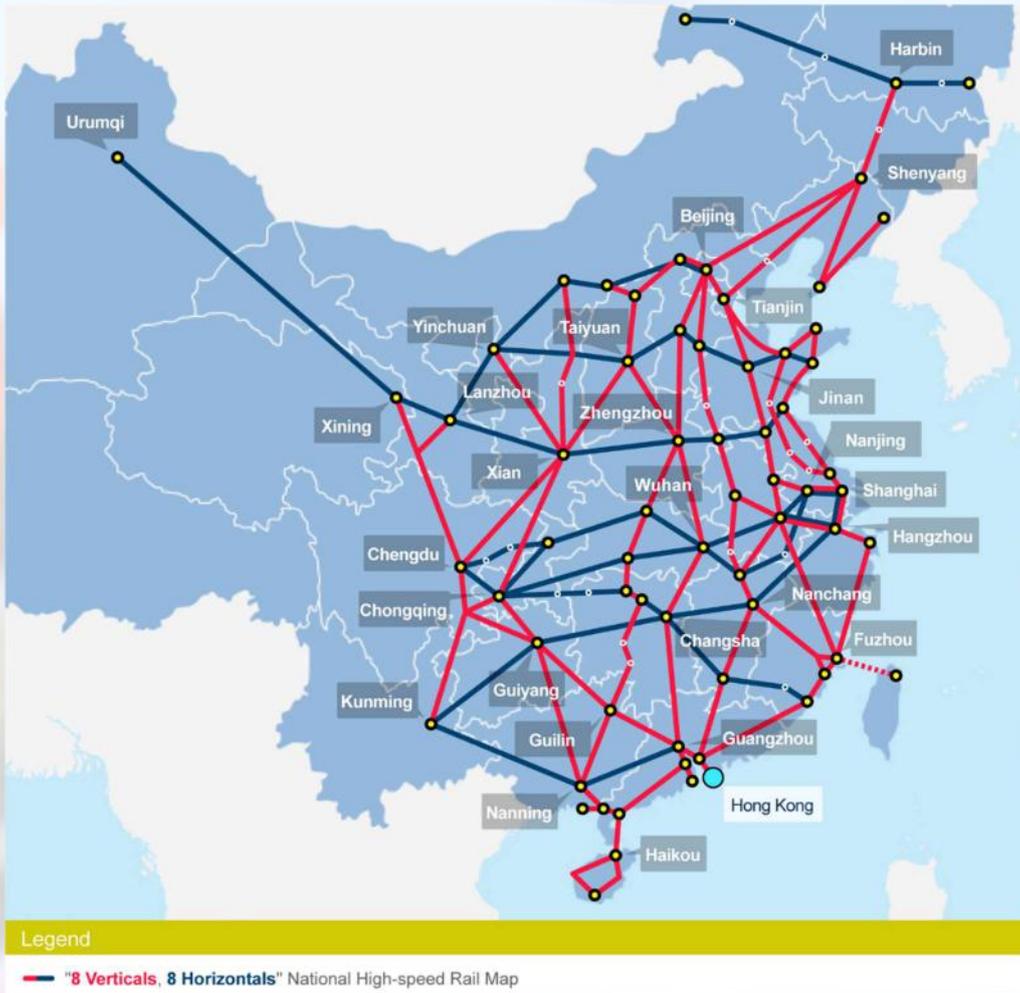
Time comparison of different transportation methods from Hong Kong to Shanghai.

Stated in the above figure, for a passenger traveling from Hong Kong to Shanghai, it seems that travelling through direct flight would remain the best option for people looking for the fastest way to get to Shanghai. However, the newly set-up High Speed Rail departing from Hong Kong would remain a great option for people who would prefer ground transport.



The inside compartment of the High Speed Rail.

Starts from the West Kowloon Station, the Hong Kong Section of the XRL will connect Hong Kong with the National High Speed Rail network in the Mainland. The 25,000-km long National High Speed Rail network comprises eight horizontal lines and eight vertical lines, which covers most major mainland cities. Upon the commissioning of the Hong Kong Section of the XRL, it will be a reliable and efficient alternative to short- and medium-haul flights. Business, travelling or visiting relatives will be a breeze. The development of High Speed rail is becoming an international trend. As a regional transport hub, Hong Kong's long-term development potential will be enhanced if connected to the National High Speed Rail network, and it also symbolises Hong Kong's transport infrastructure to be like other advanced transport systems in the world, moving ahead with the times.



The National High Speed Rail Network.

Hong Kong-Zhuhai-Macau Bridge

With the long-term planning with our Chinese Government on infrastructure development such as the High Speed Rail and the Hong Kong-Zhuhai-Macau Bridge being put into use in October 2018, there is no doubt that Hong Kong will still stay as one of the backbones of China's economic development in the Guangdong-Hong Kong-Macau Greater Bay Area.

With a sneak peek to the next issue, we will be covering the recently opened-to-traffic Hong Kong-Zhuhai-Macau Bridge, how it has benefited Hong Kong's

position in the Guangdong-Hong Kong-Macau Greater Bay Area and what effect it has brought to the locals living in the nearby areas, stay tuned and see you soon!



The Hong Kong-Zhuhai-Macau Bridge.



Map of the Hong Kong-Zhuhai-Macau Bridge.

JCI Area Conferences and World Congress

People travel for different reasons. Many people may share the dream of travelling around the world, but the dream itself may be hard to fulfill in reality. Apart from financial and time constraints, one other factor in preventing people from travelling around the world is the complexity of planning the trip.

Diversity is one of the main developments in JCI. Each year, there are four area conferences and the World Congress that are held. Apart from allowing members to travel to different continents, it also allows members to travel to learn some of the cultures of different countries. In 2019, the different area conferences are summarised in the figures as follows.

JCI Africa and the Middle East Conference (AMEC)

Date: 1 May 2019 – 4 May 2019

Location: Balaclava, Mauritius

Conference language: English

Balaclava is a city of Mauritius, which is an island nation located in the Indian Ocean. The island is situated approximately 2,400 km off the South East Coast of Africa. The official language of Mauritius is English, but French and Creole are widely spoken. The nation is also well known for its multi-ethnic culture, which consists of Indians, Africans, Chinese and Europeans.



Balaclava, Mauritius

JCI European Conference (EC)

Date: 8 May 2019 – 11 May 2019

Location: Lyon, France

Conference language: English

Lyon is the oldest and third largest city of France. The city is well known for its gastronomy, which is the study of the relationship between food and culture, the art of serving food, and the science of good eating. In addition, Lyon is also well known for its silk industry, which was one of the biggest sources of employment back in the 19th century.



Lyon, France.

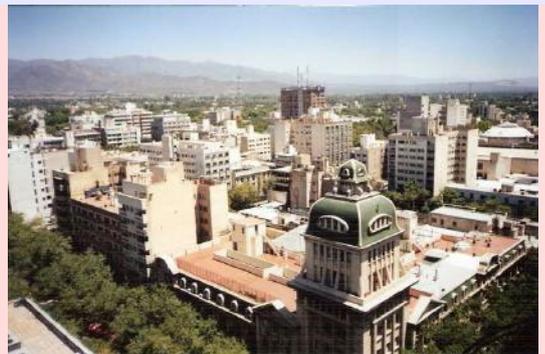
JCI Conference of the Americas (COA)

Date: 15 May 2019 – 18 May 2019

Location: Mendoza, Argentina

Conference language: Spanish

Mendoza belongs to a region of foothills and high plains, it often serves as a stopover for climbers on their way to Mount Aconcagua, which is the highest mountain in South America. In addition, Mendoza is well known for producing and exporting wine. It is one of the nine Great Wine Capitals, and the largest wine producing area in Latin America.



Mendoza, Argentina.

JCI Asia and the Pacific Conference (ASPAC)

Date: 17 June 2019 – 20 June 2019

Location: Jeju, South Korea

Conference language: English

Jeju Island is the largest island in South Korea, which is located at the south of the country. It is well known for the Jeju Volcanic Island and Lava Tubes that is classified as the natural World Heritage Site by the UNESCO. Tourism is one of the main industries on the island, as the island remains a popular vacation spot for Koreans and foreigners.



Jeju, South Korea.

JCI World Congress

Date: 4 November 2019 – 8 November 2019

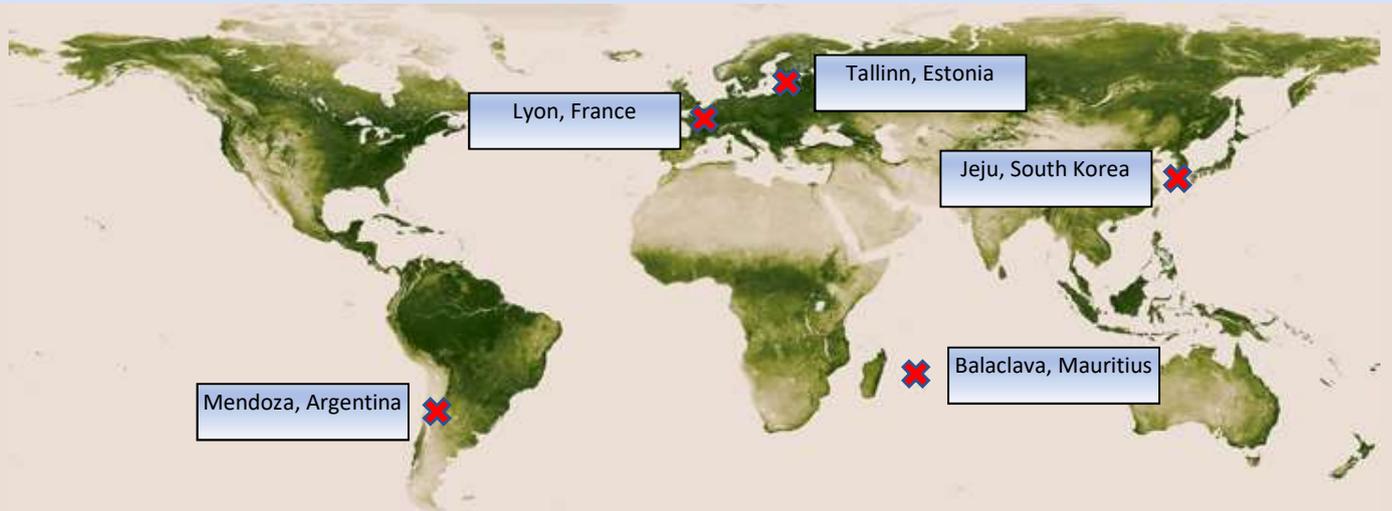
Location: Tallinn, Estonia.

Congress language: English

Tallinn is the capital and largest city of Estonia, and is one of the major political, financial, cultural and educational centres in Europe. The city has been listed as one of the top ten digital cities in the world, and houses the headquarter of the European Union's IT agency. It is interesting to note that the famous company Skype is founded in Tallinn.



Tallinn, Estonia.



Locations of the four JCI Area Conferences and the JCI World Congress.

Understanding the Development of E-Sports

A video game involves interaction with a user interface that generates visual feedback on a monitor, with the invention of the first video game to be dated back as early as the late 1940s. However, video games have not gained popularity until the 1970s. The purpose of video games is mainly for entertainment during its invention. Although organised online and offline competitions have gradually emerged to the video game culture, video game competitions were mostly between amateurs until the late 2000s. By the 2010s, video games have been classified as a sport, which is called e-sports. Competitions using video games have started to go professional. By 2019, it is estimated that millions of people worldwide will be watching some form of e-sports.

In order to allow members to understand more on e-sports, Mr. Eric Yeung has been invited as the guest speaker during JCI Island's fellowship gathering on 13 November 2018. He has graciously taken his time to provide our members with an introduction and summary on the characteristics and development of e-sports around the world. Mr. Eric Yeung holds a Master of Business Administration and a master's degree in E-Commerce, both from the Chinese University of Hong Kong. He is currently the Chairman of Esports Association. He is also the Managing Director and Founder of FlexWorkflow Limited, which specialises in enterprise software system development.



Mr. Eric Yeung, Chairman of Esports Association, has been invited as the guest speaker during the fellowship gathering.

JC Sports Day

No one will deny that technology brings a better living standard. It has been embedded as part of our everyday life. With the advancement of technology, medical care is improved, communication is made easier and our social life has been enriched. However, this does not imply that our lifestyle is better. In fact, technology may overwhelm people with busier lives, causing people to be less active.

It began in 2005 when JCI Island saw a vision to promote an active lifestyle, which marks the birth of the JC Sports Day. The JC Sports Day not only brings together all members from all JCI chapters in Hong Kong, but also promotes cooperation between team members through competition. The first event was held on 24 April 2005, with subsequent events held every year afterwards. The event mainly includes track events from 100 m to 3000 m runs, as well as field events like high jump, long jump and shot put.

This year is the 15th year for JCI Island to host the event. The event will be held on 1 May 2019. The organising of the event has started in late 2018. The organising committee are mainly comprised of the members and advisors from JCI Island.

Event Records of JC Sports Day.

Event	Category	Gender	Year	Record
100 m	Open	Men	2018	00:12.10
		Women	2018	00:15.20
	Master	Men	2018	00:13.76
200 m	Open	Women	2016	00:18.24
		Men	2011	00:25.61
	Women	2016	00:32.90	
400 m	Open	Men	2017	02:16.62
		Women	2016	01:21.95
	Master	Men	2018	01:15.71
800 m	Open	Women	2018	01:53.91
		Men	2017	02:16.62
	Women	2011	03:49.70	
1500 m	Open	Men	2016	05:20.11
		Women	2018	06:55.08
	Master	Men	2017	06:20.83
3000 m	Open	Women	2017	09:07.35
		Men	2018	11:38.46
	Master	Men	2018	15:15.17
President 100 m	Open	Men	2018	14:38.70
		Women	2018	18:30.79
	Master	Men	2018	00:13.39
4 X 100 m Relay	Open	Women	2016	00:16.86
		Men	2017	00:52.59
	Master	Women	2016	01:07.67
4 X 400 m Relay	Open	Mixed	2017	00:58.40
		Men	2018	04:30.38
	Master	Women	2018	06:06.17
High Jump	Open	Men	2018	1.57 m
		Women	2016	1.18 m
Long Jump	Open	Men	2011	5.27 m
		Women	2012	3.88 m
	Master	Men	2018	4.60 m
Discus	Open	Women	2017	2.36 m
		Men	2012	17.99 m
Shot Put	Open	Women	2012	16.74 m
		Men	2011	10.41 m
	Master	Men	2016	9.74 m
		Women	2018	6.45 m



JC Sports Day 2005.



JC Sports Day 2018.



The 54th National Convention

The National Convention is a great event that is held annually for all members in the JCI Community in Hong Kong. It is an event to update the organisation's status to its members, to conduct business, to recognise members' effort for the year, as well as to elect the organisation's Board of Directors for the coming year. This year, JCI Island is proudly the hosting chapter for this event. It is the third time in the recent 20 years that JCI Island is hosting the National Convention, with past hosting of the event in 1999 and 2005.

For the 54th National Convention, the theme is "Devote; Reform; Achieve." It is a three-step process for the key to success. As we believe all members should devote themselves to contribute to the community and reform their ideas according to the change of the society and



environment, in order to achieve something with positive impact to the society.

As someone who lives in the city, our daily footprint is mostly in the office or staying at home. In order to take some time off from our everyday routine, the proposed venue of the 54th National Convention will be outside of the city core. Sitting on the shores of the South China Sea is the Hong Kong Disneyland Hotel. It is a 5-star hotel located at the eastern part of the Lantau Island in Hong Kong.

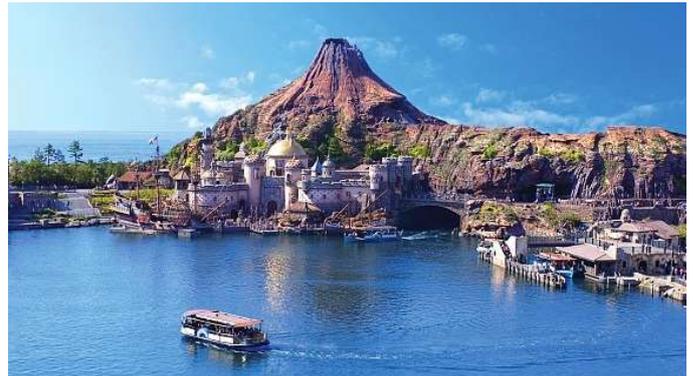


The 54th National Convention will be held at the Hong Kong Disneyland Hotel.

Interesting Facts about Disney



Mickey Mouse was born on 1 October 1928.



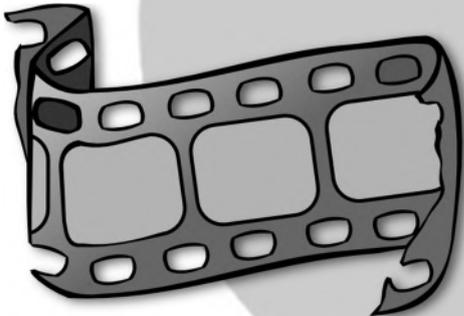
Tokyo Disneyland was the first Disney theme park outside of the United States. It was opened in April 1983.



The first ever Disneyland ticket sold was purchased at US \$1 in 1955.



Mickey Mouse's dog Pluto was named after the dwarf planet.



Disney makes twice as much money from their theme parks than what they make from their actual movies.



A Huntington Beach resident in Florida has visited the Disneyland resort every day since 1 January 2012.



"Mortimer Mouse" was the original name of Mickey Mouse.



Selfie sticks are banned from all Disney theme parks.

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2019 Inaugural Ceremony

JCI Island's 2019 Board of Directors have been elected successfully on 26 August 2018 during the Annual General Meeting. The Installation for the Board of Directors will be held on 6 January 2019. The installation will mark the commencement of a new term for JCI Island in 2019.

Event Details

Date: 6 January 2019
Time: 11:30 to 14:30
Venue: Crystal Room, Hilton Garden Inn Hong Kong Mongkok
Address: 2 Soy Street, Mongkok, Kowloon, Hong Kong
Price: \$480

Event Rundown

11:30 Registration
12:00 Ceremony
13:00 Lunch



The 2019 Inaugural Ceremony will be held in the Hilton Garden Inn Hong Kong Mongkok.

2019 JCI Island Sponsors

JCI Island would like to take this opportunity to thank the following sponsors.

Diamond Sponsors

President Benjamin Lee
1976 National President Senator Paul Yin, SBS, JP
1998 President Senator Duncan Tai

Silver Sponsors

National Vice President Senator Kelly Ngan
2015 President Senator Parco Wu
Vice President Luis Yip
Immediate Past President Ronald Chang
Secretary General Paul Lo
Director Christopher Lam

Who are we?

Junior Chamber International Island (Hong Kong) Limited [JCI Island] was founded in 1966. It is the third chapter affiliated with the Junior Chamber International Hong Kong Limited [JCI Hong Kong]. It is an English-speaking chapter, focused to provide development opportunities that empower members of age 18 to 40 to create positive change to the society.

JCI Hong Kong was founded in 1950. It currently has around 2,000 active members coming from different professions and backgrounds, and it is affiliated with one of the worldwide leadership development organisation – The Junior Chamber International [JCI]. JCI has over 200,000 members in over 100 countries around the world.

The purpose of JCI is to contribute to the advancement of the global community; while at the same time, provides opportunities for young people to develop their leadership skills and social responsibilities.

How is JCI Different from Other Non-Profit Organisations?

As JCI members, we take initiative to solve challenges. Not only do we just focus on charity or service, but we also focus on sustainable impact locally and globally. It only takes one active citizen to change the world. Be that active citizen today.

What is the Active Citizen Framework?

In JCI, we always emphasise on Active Citizen Framework [ACF]. It is a methodology for running sustainable projects that create measurable results. It starts with analysing needs, engaging partners who share the same vision, design and execute solutions, and to evaluate results to ensure positive impact has been created. The following figure is a summary of the ACF.

